



SPRINGER

High School

Physical Education Flex Credit

Students may earn physical education credit through physical activities outside of the school day. This may include Springer extracurricular activities (running club, pickleball, etc.) or activities students participate in within their community (martial arts, dance class, swimming, etc.).

Awarding Credit

Students must have .50 credit (equivalent to two semesters) of physical education in order to meet graduation requirements. Credits will be awarded in .25 credit increments on a pass/fail basis (letter grades will not be granted).

60 cumulative hours of activity = .25 credit = 1 semester

All 60 hours must be completed between August 1st and July 30th of the current school year. There will be no retroactive credit given for activities prior to August 1.

Hours can be completed in multiple activities. A maximum of 60 hours in one specific activity can be used toward any part of the .50 credit requirement.

Only .50 physical education credit will be given through Flex Credit.

One form (time log and evaluation) must be completed for each separate activity. The evaluation must be completed by a coach or supervisor who is not the student's parent or guardian.

Forms must be completed and submitted to the High School Office in order for a credit to be awarded.

Springer Physical Education Flex Credit Log

Student Name: _____ School Year _____

Name of Activity: _____

Activity Supervisor and Title: _____

Contact Information for Activity Supervisor:_____

[illegible]

Total Hours documented on this page: _____

Supervisor Signature: _____ Date: _____

By signing, you verify that the above log is accurate and that you supervised this student during these listed activities.

Springer Physical Education Flex Credit Evaluation

Please complete in reference to the attached activity log sheet(s). Only one evaluation is needed per activity.

Student Name: _____ School Year _____

Name of Activity: _____

Activity Supervisor and Title: _____

Location of Activity: _____

Does the student display the attributes of good sportsmanship?

Yes No

Is the student respectful and conscious of those around him/her during this activity?

Yes No

Does the student follow the rules and guidelines set forth by you and your staff?

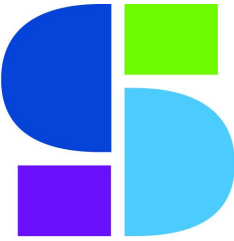
Yes No

Does the student do his or her best to support others as well as encourage them to do their best?

Yes No

Any additional comments:

Signature: _____ Date: _____

The logo consists of a stylized letter 'S' composed of four colored segments: a dark blue semi-circle on the top left, a light blue semi-circle on the bottom right, a purple square on the bottom left, and a green square on the top right.

SPRINGER

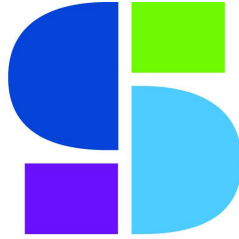
High School

Physical Education Waiver

Students may waive their physical education credit by participating in Springer High School varsity sports. This may include Springer High School organized sports teams such as cross country and track & field. You will need to earn two waivers to fulfill the graduation requirement for physical education. Please note that you cannot earn one waiver and complete one flex credit. Students must either complete two waivers or two flex credits (you cannot mix and match them).

By meeting your physical education requirement with two waivers, note that you will *not* earn any credits toward graduation for this. If you choose to complete two flex credits for your physical education, then you will earn .25 credit for each one for a total of .5 credit.

If you choose to use two waivers for your physical education credit, then you will need to complete the form on the back of this. You will need to complete this form two times - once for each sport you are participating in for the waiver.



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High School

Physical Education Waiver

Name _____ Date _____

Sport for the waiver _____

Student and parent - please initial the following statements.

____, ____ I understand that I will not earn any p.e. credit toward graduation for my p.e. since I am choosing to waive it.

____, ____ I understand that if I quit the season, then I will not be granted the p.e. waiver and may need to complete a flex credit.

____, ____ I understand that if I get hurt and cannot complete at least 60 hours of the sport's season, then I will not be granted the p.e. waiver and may need to complete a flex credit.

____, ____ I understand that if I choose to complete two waivers, then they must be completed before senior year.

My parents and I have read this form and understand all aspects of completing a p.e. waiver instead of completing a p.e. flex credit.

Date _____

Parent signature

Date _____

Student signature